

Ventrus Primary School Menu Week 1 Hemyock – w/c 5.1.21, 18.1.21 and 1.2.21

Monday	Tuesday	Wednesday	Thursday	Friday
M – Chicken pasta bake, bread, sweet corn.	M – Brunch grill (sausage, bacon, beans, potatoes)	M – Roast Chicken, roast potatoes, peas and carrots with gravy	M – Sausage and mash potato, cabbage and gravy	M – Breaded fish, fries and peas
JP - with cheese/beans/tuna and salad	V – Spinach, squash and lentil curry with naan and rice	V – Leek and potato gratin	V – Cheese pizza with mash potato and cabbage	V – Quorn dippers, fries and peas
D – Ice cream pot	JP - with cheese/beans/tuna and salad	JP - with cheese/beans/tuna and salad	JP - with cheese/beans/tuna and salad	JP - with cheese/beans/tuna and salad
	D – Fresh fruit/yogurt	D – Frozen fruit smoothie	D – St Clements cake	D – Oat cookie

Ventrus Primary School Menu Week 2 Hemyock – w/c 11.1.21, 25.1.21 and 8.2.21

Monday	Tuesday	Wednesday	Thursday	Friday
M – Cheese pizza, pasta, peas and carrots	M – Fish fingers, new potatoes and salad	M – Roast Chicken, roast potatoes, carrots and cabbage with gravy	M – Beef bolognaise, pasta, sweet corn	M – Chicken bites, fries and peas
V –Veggie wraps, pasta, peas and carrots	JP - with cheese/beans/tuna and salad	V-Cauliflower cheese potatoes and fresh vegetables	V – Roasted vegetable pasta bake and sweetcorn	V – Quorn dippers, fries and peas
JP - with cheese/beans/tuna and salad		JP - with cheese/beans/tuna and salad	JP - with cheese/beans/tuna and salad	JP - with cheese/beans/tuna and salad
D – Ice cream pot	D – Banana and raspberry cake	D – Frozen fruit smoothie	D – Fresh fruit/yogurt	D – Flapjack